

YOUTH PROGRAMS

Weekday programs held within a school are cancelled if school is closed or cancelled

CAKE TALK

Instructor: Stephanie Almeda, Cake Talk Custom Confections
Cost: \$28



Cupcake Decorating (Grades 1 - 5)

Easter Cupcakes or Minion Cupcakes
Wednesday, March 23 **Wednesday, April 13**

4 - 5:30 p.m.

Town Hall Auditorium



Students will make buttercream frosting then learn fun decorating techniques while decorating pre-baked cupcakes.



Cupcake Wars (Grades 6 - 8) Tuesday, April 19

10 - 11:30 a.m.

WHS Consumer Science Room

Using basic vanilla cake batter teams of two will have access to mix-ins and flavors to create their own cupcake confection. Teams will ice their cupcakes with buttercream frosting and top them with fondant toppers. Let the contest begin....

PAINT NIGHT!

Instructor: Corine Mazza
Grades: 3 - 6
Time: 6:30 - 8:30 p.m.
Location: Town Hall Auditorium
Cost: \$52 (2 weeks)

Yes you can! Under the guidance of our talented instructor, you will paint a beautiful landscape with oils on canvas! All supplies are included. Samples are on display in the Recreation Office.



Winter Scene

Fridays

March 4 & 11

Beach Scene

Wednesdays

May 11 & 18



[F]

The Rookies

Registration Deadline: Thursday, March 17

Ages: Age 5 (by 4/30/2016) - Grade 1
Dates: Monday - Thursday, April 25 – June 2, 6 Weeks. No practice 5/30.
Location: Boutwell Field
Cost: \$26



This co-ed program begins with two weeks of T-Ball (Spring Training!) and moves forward into the season with coaches pitching. Teams will practice once a week to allow players to improve their baseball/softball skills and play one game each week for fun! Choose a **Monday-Wednesday** or **Tuesday-Thursday** Schedule.

IRONCLAD MARTIAL ARTS

Supervisor: John Johnston
Location: IronClad Martial Arts Center
 442 Main Street
Dates: March 1 - 31 *Unlimited Sessions!*
Cost: \$36

These classes are a combination of different martial arts (Muay Thai, Jiu Jitsu, Krav Maga, Karate and Wrestling) intended to improve self discipline, balance, flexibility, coordination and self control. Students can have fun while learning basic martial arts skills!

Ages: 4 - 7 *Unlimited visits!*
Times: Mon. & Wed.: 4 - 4:30 p.m.
 Tue. & Thu.: 4:30 - 5 p.m.
 Sat.: 9:30 - 10 a.m.

Ages: 8 - 11 *Unlimited visits!*
Times: Mon. & Wed.: 4:45 - 5:30 p.m.
 Tue. & Thu.: 5 - 5:45 p.m.
 Sat.: 10:15 - 11 a.m.

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Parent & Me Gymnastics

Instructor: Gymstreet USA
Ages: Walking - 36 months
Location: 1 Jewel Drive
Cost: \$84



Mondays
 April 25 - May 23
 5 Weeks
 10 - 10:50 a.m.

or

Wednesdays
 April 27 - May 25
 5 Weeks
 9 - 9:50 a.m.

Parents and toddlers will move while navigating obstacle courses, jumping down the "tumble track" and learn some fun stretching skills. This shortened session is the perfect "try-it" for you and your little one.

BEGINNER GYMNASTICS

Instructor: Gymstreet USA
Location: 1 Jewel Drive
Cost: \$99



Ages 7 - 9
 Fridays, April 29 - May 27
 5 Weeks
 4:30 - 5:30 p.m.

or

Ages 10 - 14
 Thursdays, April 28 - May 26
 5 Weeks
 5:30 - 6:30 p.m.

Students will learn skills on the floor, bars, beam and vault. This shortened session is a great opportunity to see if gymnastics is for you. A leotard is required; shorts are optional.

BEGINNER BALLET LESSONS

Instructor: Nicolette McCoy
Ages: Ages 2 & 3
Dates: Fridays, April 1 - May 13 (no 4/22),
 6 Weeks
Time: 11 - 11:45 a.m.
Location: Lorraine Spada School of Dance
 52 Main Street, Suite #3
Cost: \$52



A great way to introduce music and movement into your child's life. They will have so much fun twirling, skipping and hopping their way through this beginner ballet program. Ballet slippers are optional.

SKATING LESSONS

Instructors: Wilmington Figure Skating Club
Dates: Fridays
March 4 - April 29 (no 4/22) 8 Weeks \$135
Sibling registered for the same session \$123
May 6 - June 24 8 Weeks \$135
Sibling registered for the same session \$123
 Cost includes one-time annual \$15 USFSC registration fee (7/1/15 - 6/30/16)
Time: 4 - 4:50 p.m. *or* 5:20 - 6:10 p.m.
Location: Ristuccia Memorial Arena
Equipment: Helmet and single blade skates

Learn to Skate: Age 4 & up
 Class consists of 25 minutes of instruction and 25 minutes of practice time.

Learn to Skate - Hockey: Age 5 & up
 No pucks or sticks are used. Children without the necessary skills will move into Learn to Skate.



KARATE CLASSES

Instructor: Academy of Traditional Karate
 155 West St.
Dates: Tuesdays, May 17 - June 7
 4 Weeks
Cost: \$37



Little Dragons
Ages: 3 - 4
 5:00 - 5:30 p.m.

Little Samurai
Ages: 5 - 8
 5:40 - 6:10 p.m.

Classes include basic Karate moves, Japanese culture and life skills. T-shirt and red belt keychain included.

FAMILY FUN SKATE

Date: Friday, April 22
Time: 4 - 6 p.m.
Location: Ristuccia Arena
 Head to the rink for some cool fun!
 Free for students enrolled in the Learn to Skate Program.

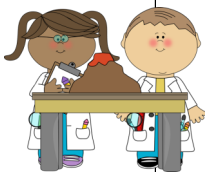


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CHEMFUN

Instructor: High Tech High Touch
Grades: 1 - 3
Dates: Mondays, March 7 - April 4,
 5 Weeks
Time: 4 - 5 p.m.
Location: Town Hall Auditorium
Cost: \$78



Find out how much fun chemistry can be while making chemicals pop, fizz and foam! Explore chromatography as you watch colors separate before your eyes. Erupt a volcano, make your own silly putty and make gummy candies as you learn CHEMISTRY!!

SHRINERS CIRCUS TICKETS

Friday, April 22 10 a.m. show
Shriners Auditorium



The Shriners have donated free tickets for **Wilmington** special needs youngsters and their families. Call for tickets to this school vacation event.

SPRING TENNIS

Instructors: AG Tennis
Dates: Wednesdays, May 4 - June 1, 5 Weeks
Location: Shawsheen School Tennis Courts
Cost: \$42

Grades K - 1	Grades 2 - 4
4:30 - 5:30 p.m.	5:30 - 6:30 p.m.



The perfect class for both new and continuing students to learn this life-long sport. Bring a racquet if you have one!

GOLF CLINICS - APRIL VACATION

Instructor: Barrie Bruce
Ages: 6 - 15
Dates: April 18 - 22
Location: Billerica Country Club
Cost: \$119



Golf for Girls	Jr. Golf
9:30 - 11 a.m.	10 - 11:30 p.m.

Equipment provided.

Classes for both beginners and continuing students.
 "All you need is a pair of sneakers and a good attitude!"

[F] R.A.D. Training for Women

Instructor: Sgt. Chris Ahern
Ages: 14 & up (Parental Consent Form Required)
Dates: Tuesdays & Thursdays, March 22, 24, 29 & 31
 (2 Weeks, 4 classes)
Time: 6 - 9 p.m.
Cost: Free (Courtesy of the Wilmington Police Dept.)

The **Rape Aggression Defense** System is a program of realistic self defense tactics and techniques. This comprehensive course begins with awareness, prevention, risk reduction and avoidance then progresses to hands-on defense training.

To register: Email CAhern@wpd.org

or go to the Wilmington Police Department website: www.wpd.org

Summer Programs 2016

F TINY TOTS (Ages 4 & 5) & KIDS CLUB (Ages 6, 7 & 8)

Tentative Dates:

Session 1: Mon., June 27 - July 15 (No 7/4)

Session 2: Mon., July 18 - August 4

Time: 9 a.m. - 12:00 p.m.

Location: Boutwell School

Cost: \$180 *per session*

This social/recreational program includes arts and crafts, games, special events, daily themes and a field trip.

Registration Date:

Wednesday, April 13 5 - 6:30 p.m.

Town Hall Auditorium.

Registration forms will be available Tuesday, April 5 in the Recreation Office and on our website. After April 13, registration will continue online and in the Recreation Office.

Beginning April 27, children can register for an additional session based on availability.

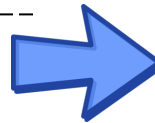
F TINY TOTS/KIDS CLUB VOLUNTEERS

Volunteer applications, for students entering grade 9 and above, will be available Monday, May 2.

Application Deadline:
Tuesday, May 31



To facilitate the registration process, please create an online account for your household (including children that will be registered) **prior to** the day of registration. Log onto the **Town website** (www.wilmingtonma.gov), go to the **Recreation page** and click on the link.



F PLAYGROUND PROGRAM

Ages: Entering Grades 2 - 8

Tentative Dates: Mon., June 27 - Wed., August 3 (No 7/4)

Time: 8:30 a.m. - 1 p.m.

Location: Shawsheen School

Cost: \$180

This six-week program consists of arts and crafts, games, sports, special events, free play and optional field trips.

The program runs on weekdays, and is held rain or shine.

Forms will be available at the Recreation Office and on our website beginning Tuesday, April 5.

Registration Date:

Monday, April 11 7:30 a.m.
in the Town Hall Auditorium.

Walk-in Registration only.
No overnight or mail payments.

- This program is for **Wilmington** residents only.
- One adult can register one family only.

F PLAYGROUND COUNSELOR IN TRAINING PROGRAM

Ages: Entering Grade 9 and above

Tentative Dates: Mon., June 27 - Wed., August 3 (No 7/4)

Time: 8 a.m. - 1:30 p.m.

Location: Shawsheen School

Cost: \$26

Selected participants will be assisting Playground staff to provide a wide variety of activities for enrolled children. Learn leadership skills and gain valuable experience for future resumes.

Applications available: Tuesday, March 8

Application deadline: Wednesday, April 13

Summer Programs 2016

BABYSITTER TRAINING

Instructor: Debbie LaFlamme
Ages: 11 & up
Date: Saturday, June 18
Time: 1 - 5 p.m.
Location: Wilmington Library Conference Room
Cost: \$45



Learn the necessary skills to begin your babysitting career. Discuss interviewing with parents, infant and toddler care, handling bedtime issues, basic first aid and more. Course manual included.

AT HOME ALONE

Instructor: Gunther Wellenstein, S.A.F.E.
Grades: Entering Grades 4 - 6
Dates: Wednesday, June 22
or Thursday, August 25
Time: 4 - 6 p.m.
Location: Town Hall Auditorium
Cost: \$20



How do you handle knocks and rings?
 Who do you call in an emergency?
 Prepare your child to stay home alone.

TOP SECRET SCIENCE & MATH

Instructor: Michael Bergen, Mass. Science Center
Grades: Entering Grades 1 - 5
Location: West Intermediate Cafeteria

Half Day

June 27 - July 1
 9 a.m. - 12 p.m.
 \$98



Full Day

August 1 - 5
 9 a.m. - 3 p.m.
 \$170

The kids can have a blast (literally!) while they learn!
 This program follows state guidelines for required curriculums. Children will complete many experiments each day under the instruction of an experienced and professional science teacher.

CHEFS IN TRAINING - SUMMER SIZZLE!

Instructor: Lori Deliso, Kids Cooking Green
Grades: Entering Grades 3 - 8
Dates: Monday - Friday, July 25 - 29
Time: 9:30 a.m. - 12 p.m.
Location: WHS Consumer Science Room
Cost: \$255



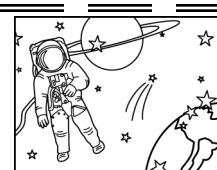
Celebrate summer by learning to cook delicious foods using fresh local ingredients! Prepare Chicken Piccata, gingered pork wraps, summer pasta salad, berry-topped cheesecake, pink lemonade and more. Learn cooking techniques including those all-important knife skills. Each class will highlight a different hands-on recipe while you prepare a healthy, hearty main course, dessert and beverage to enjoy at the end of each class. Go home with recipes, a full belly and new knowledge of local ingredients and nutrition facts.

Includes Optional Field Trip: Sunday, July 24, 10:30 - 11:30 a.m.

Meet at the Wilmington Farmer's Market where students will be divided into small groups to participate in a "Food Network Style" Challenge! Groups will stick to a budget and make substitutions when required as they shop for ingredients for the week.

Adventures in Space

Instructor: David Hesion
Grades: Entering Grades 2 - 6
Dates: Monday - Friday, July 11 - 15
Time: 9 a.m. - 12 p.m.
Location: West Intermediate Cafeteria
Cost: \$98



Calling all Future Space Explorers...
 We are pleased to offer you the opportunity to experience a five-day space odyssey right in our own community!

- ★ Learn about flying, both in and out of the Earth's atmosphere.
- ★ Find out what it is like to live and work in space.
- ★ Design your own space station, moon base or Mars base.
- ★ Create alien life forms and star wheels.
- ★ Discover the workings of forces such as gravity and friction.
- ★ See how rockets work from the ground up by building and launching your own model rocket.



Summer Programs 2016

SUMMER BASKETBALL

Forms for these programs are available at the Recreation Office and on our website. **Registration deadline is Thursday, June 2**
Games will be played at the **Shawsheen School Outdoor Courts.**

[F] SHOOTING STARS BASKETBALL

Ages: Entering Grades 3 - 5
Dates: Girls: Tuesdays, July 5 - August 9
Boys: Thursdays, July 7 - August 11
(6 Weeks)
Time: 6 - 9 p.m.
Cost: \$26

This program will provide instruction and games once a week.
Teams will play a staggered game schedule.



[F] TWILIGHT HOOPS

Ages: Entering Grades 6 - 8
Dates: Mondays & Wednesdays, July 6 - August 1, 4 weeks
Time: 6 - 8 p.m.
Cost: \$16 (\$26 w/mesh reversible Recreation jersey)

This co-ed program allows participants to drop in for as much or as little pick-up basketball as they want! Games will be organized by a supervisor, and refereed. Pre-registration is required. Players new to Recreation Basketball must purchase a navy/white reversible jersey.

[F]

YOUTH SPORTS CLINICS

*****Registration begins March**

Classes are held Monday - Friday, rain or shine! In the event of rain, class will be held indoors.

Forms will be available in the Recreation Office and on our website. Documentation of a physical within the past two years and immunization records must be provided with the registration forms.



Skyhawks Tiny Hawks - Ages 3 & 4

\$51 Woburn Street School
Mon. - Fri., June 27 - July 1 8:30 - 9:15 a.m.
Learn beginning basketball and soccer skills!



Skyhawks Mini Hawks - Ages 4 - 6

\$113 Woburn Street School
Mon. - Fri., June 27 - July 1 9:30 a.m. - 12:30 p.m.
Graduate to T-ball, basketball and soccer!



Thundercat Kiddie Cat Jam

August 1 - 5	Middle School
Ages 3 & 4	\$65 8:30 - 9:20 a.m.
Ages 4 - 6	\$129 9:30 a.m. - 12:30 p.m.

The mini version of Sports Jam! Play soccer, t-ball, kickball, basketball, softey hockey and balloon ball. Play "finding the Nemo", Sponge Bob tag, thunder relays, Kiddie Cat Olympics & more. Theme days include Red Sox Day and Friday Fun!

Thundercat Sports Jam: Ages 7 - 9

August 1 - 5	Middle School
Half Day	\$129 8:45 a.m. - 11:45 a.m.
Full Day	\$160 8:45 a.m. - 2:45 p.m.

The ultimate multi-sport program with core sports of baseball, basketball and soccer. Other sports like flag football, volleyball, ultimate Frisbee, dodgeball, disc golf, team handball and kickball are included - as well as games like "shark attack" and "safari".

[F] LEARN TO SAIL - Community Boating

Ages: 10 - 18
Dates: Monday - Friday, August 8 - 12
Time: 10:30 a.m. - 3:30 p.m.
Location: Charles River, Boston
Cost: \$155



Beginner and intermediate classes. Each day consists of classroom lecture and, of course, sailing! Bus transportation and chaperones are included. New students must pass a swim test prior to the program.

"Adventure Kids" Clinic

Instructor: Still River Outfitters
Ages: 8 - 14
Dates: Wednesday - Friday, July 6 - 8
Times: 9 a.m. - 12 p.m.
Location: Silver Lake (by the Fishing Pier)
Cost: \$129

This program combines recreational kayaking skills development with Adventure Education Initiatives. Participants will learn to overcome challenges individually through paddling and as a team through fun, challenging games. All equipment provided.



Introduction to Stand-Up Paddleboarding



Instructor: Still River Outfitters
Date: Tuesday, August 2
Location: Silver Lake
Cost: \$68



Using age-appropriate methods, this class teaches all essential skills to start paddleboarding on still water. All equipment provided.



Ages 10 - 17: 4 - 6 p.m.
Adults: 6 - 8 p.m.

Summer Programs 2016

		Morning Tennis Clinics				
Instructor:	AG Tennis Management	Monday - Friday	June 27 - July 1	July 18 - 22	August 1 - 5	
Location:	Boutwell Courts	Rain Location:	West Intermediate School Gym			
Cost:	\$42	Ages 4 - 5	9 - 10 a.m.			
Tennis anyone? Players will be divided by ability within each age group. Equipment provided if needed.		Ages 6 - 8	10 - 11 a.m.			
		Ages 9 - 12	11 a.m - 12 p.m.			

 Evening Tennis Lessons at the High School Courts Instructor: AG Tennis Management 	
Wednesdays, June 15 - July 13 5 Weeks \$42	Mondays, July 11 - August 8 5 Weeks \$42
Entering Grades K- 1 4:30 - 5:30 p.m.	Entering Grades 4 - 6 5 - 6 p.m.
Entering Grades 2 - 3 5:30 - 6:30 p.m.	Entering Grades 7 - 12 6 - 7 p.m.
Learn basic tennis skills with mini-matches to improve your game! Equipment provided if needed.	

GOLF CLINICS

Instructor: Barrie Bruce
Ages: 6 - 15
Days: Monday - Friday
Time: 9:30 - 11 a.m.
Location: Billerica Country Club
Cost: \$119

All equipment provided.
 Classes are for both
 beginners and continuing
 students. Choose
 the clinic that's right for you!
*"All you need is a pair of
 sneakers and a good attitude!"*



Junior Golf (co-ed)	Golf for Girls
June 27 - July 1	
July 18 - 22	July 18 - 22
August 8 - 12	August 1 - 5